

Thank you for your interest in Friends of Guest House!

We are a private nonprofit contracted by the VA Department of Corrections as a community based residential program for <u>non-violent female offenders</u> who are on <u>Virginia State Probation upon release</u>. The program consists of two components: residential and aftercare.

The <u>residential</u> component offers a group home setting including structured services and support, where some of these services are mandatory. The <u>aftercare</u> component is mandatory for successful completion of the program and consists of continued services and support. Both components must be completed for successful completion of the program and to take part in the graduation. Friends of Guest House is not a drug/alcohol treatment program.

# <u>Please keep this paper for review. The consent form must be signed and sent</u> with the rest of your application or the application cannot be processed.

Residential Program (6 months)	Aftercare (6-9 months)
<ul> <li>Individual case management</li> </ul>	Case management
Workforce & Life Development	<ul> <li>Expansion of support system</li> </ul>
<ul> <li>Employment and vocational assistance</li> </ul>	<ul> <li>Workshops and groups</li> </ul>
<ul> <li>Educational assistance</li> </ul>	<ul> <li>Referrals to counseling and therapy</li> </ul>
<ul> <li>Housing assistance</li> </ul>	<ul> <li>Socialization activities</li> </ul>
<ul> <li>Referrals to community resources</li> </ul>	<ul> <li>Referrals to other community resources</li> </ul>
One-on-one mentoring	
<ul> <li>NA/AA meetings</li> </ul>	

## **Application Process**

#### PLEASE NOTE THE APPLICATION PROCESS CAN TAKE 30 TO 90 DAYS.

A decision on your application will be after we receive all items listed below and a phone interview is completed.

- 1. Completed Application
  - a. Background Information
  - b. Biography ("Tell Us Your Story") Follow instructions.
  - c. Consent of Release of Information
- 2. Friends of Guest House will request a physical exam <u>within the past six months</u>, including the date and results of your **TB/PPD test** and a copy of your **Presentence Investigation Report (PSR)** or documented criminal history. We **cannot** obtain these without the signed consent of release.
- 3. Send completed applications to:

**Intake Coordinator** 

1 East Luray Ave.

Alexandria, VA 22301 **Phone: (703) 549-8072 Fax: (703) 549-8073** 

#### **Overview of Guest House Rules**

- There is a zero tolerance drug, alcohol and violence policy. Violation of this policy will result in termination from the program.
- You will not be allowed to leave Guest House property for the first three days. You will be escorted by another resident for the next 14 days and then you may go out by yourself.
- All medications must be turned in to staff and distributed by staff.
- Chores are assigned to each resident to be completed at the beginning and end of each day.
- Personal vehicles are not allowed.
- Cellphones are allowed with limited use. There is a phone in the living area for the residents to use during the hours of 7am-11pm in 15 minute intervals.
- All money received by residents must be turned in to staff. Each resident is allowed to request a maximum of \$80.00 a week from their account. Exceptions are made for such things as restitution, child support, court fines or attorney fees.
- All residents are required to save 50% of every paycheck while at Guest House.
- All food is provided to residents and is prepared by residents. No outside food is allowed. No food is allowed in resident bedrooms.
- All resident rooms, bags and persons are subject to search by staff at any time.
- A washer, dryer and detergent are provided for residents to do laundry between the hours of 6am-8pm.
- Residents are required to attend the mandatory Workforce and Life Development classes organized by Friends of Guest House Monday through Friday. Residents must attend at least three individual NA or AA meetings per week.
- Residents are required to fill out and submit **Weekly Schedules** outlining where they are going, when they are leaving, and when they will return. This **Weekly Schedule** will be reviewed and signed by the residents' case manager. Residents must also sign in and out in a logbook, with a staff signature confirmation.
- Residents will be assigned a case manager. It is mandatory that residents participate in case management. Missing meetings with your case manager can result in restricted privileges.
- After the first three weeks at Guest House, residents are eligible for a four hour pass. After one month (31-60 days) a resident will be eligible for one transition visit of 24 hours. At 61-90 days, a resident will be eligible for two transitional visits. After 90 days, a resident will be eligible for weekly transition visits. All passes approved or denied at the discretion of a resident's case manager.

Thank You, Friends of Guest House



#### **GENERAL INFORMATION**

Name:				
Last	First	M	II	
Date of Birth:	Place of Birth:	Se	Social ecurity No.:	
Race:		Inmate #:		
Jail:	<b>Probation District</b> :			
Are you currently incarcerated? □Yes □No	Do you have any military service?			
Future Court  Date (s): □Yes □No	List Future Court Dates	:		
Date of Release:		If unknown check here.	Unknow	n 🗆
Current Address:				
Street		City	State	Zip Code
Permanent Address:				
Street		City	State	Zip Code
Phone Number:	Al	ternate Number:		
Relationship Status:   Married	☐ Separated ☐ Divorced	☐ Dating ☐ Single	□ Widow	ed
Number of Children/Dependents:				
Caretaker of Child(ren)/Dependent(s):				
Support: $\square$ Yes $\square$ No	If yes: $\square$ Voluntary	☐ Court Ordered	Amou	nt:
How did you hear about Friends of Gu	est House?			
Have you been a client of Guest House	hefore? □ Yes □ No	If ves. when?		

Identify individuals who are supportive of you:			
racing markagais who are supportive or you.			
<u>EDUCATION</u>			
Do you have a high school diploma? ☐ Yes	□ No		
Do you have a GED? □ Yes □ No			
Last Grade Completed:			
Have you completed any vocational or college tra	nining?	)	
Name of Institution	Dates Attended	Training/Certificate/	Degree Received
1.			
2.			
EMPLOYMENT (List most recent employment			
Employer Name:	Start Date:	End Date:	
Position Title/Duties, Skills			
Reason for Salary: leaving:			
Employer Name:	Start Date:	End Date:	
Position Title/Duties, Skills:			
Reason for Salary: leaving:			
EMERGENCY CONTACTS (MANDATO	ORY):		
Contact 1:  Name (Last, First)	Relationship:		
Address: Street	City	State	Zip Code
Number:			
Contact 2:	Relationship:		

	Name (Last, First)					
Address:	Street	City			State	Zip Code
Number	r:					_
Have you e a doctor?	ever had a mental health diagnosis	by	] No			
Dr.'s diagnosis(e	es):					
Have you e these diagn	ever been prescribed medication fo	or	□ No			
	ever been hospitalized for anything onal state or mental health diagno					
If so, where	e, when and what for?					
Have you ε	ever attempted suicide?	☐ Yes	□ No	If so, how many times	?	
PHYSIC/	AL HEALTH					
Date of la	st physical:					
	nysical Health:	□ Good	_ □ Fai:	r 🗆 Poor		
Do you ha	ve any health problems? $\Box$ Y	es □ No				
If yes, wha	t are they?					
<u>DENTAL</u>	HEALTH					
Date of dental ex						
MEDICAT	ΓΙΟΝS (IF APPLICABLE)					
	Medication Name			Taking I	For:	
1			2			
2 3			3			
4			4			

## **DRUG/ALCOHOL HISTORY**

And how much was onsecutive:  Have you ever overdosed?					
iso, how much time and how much was onsecutive:    Have you ever overdosed?   yes   no   If so, how many times?   REVIOUS SERVICES AND TREATMENT (DRUG AND ALCOHOL TREATMENT PROGRAMS)   trach additional pages if necessary-lace:   Successfully   Completed;   Yes   No   lace:   Successfully   Completed;   Yes   No   No   lace:   Successfully   Successfully   Completed;   Yes   No   No   lace:   Successfully	Substance	Age Started	Date of Last Use	Frequency	How much
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tart Date:	attach additional pages if	necessary-	•	HOL TREATMEN	<u>T PROGRAMS)</u>
lace:   Successfully   Completed:   Yes   No			Success		
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lace:    Successfully   Completed:   Yes   No			Success		
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If so, how long have you had a sponsor?  CRIMINAL HISTORY  Trest Date  Jurisdiction  Offense  Outcome			Success		No
Preserve to you have a sponsor?    Yes   No   Sponsor?					
rrest Date Jurisdiction Offense Outcome	Oo you have a sponsor?				
	CRIMINAL HISTOR	Y			
otal time spent in jail/prison:	Arrest Date	Jurisdiction	Offense	Outcor	me
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## **SUPERVISION STATUS**

Are you on probation? □ Yes	□ No		
Will you be on probatio 6 months following you			
PROBATION OFFICE	ER CONTACT INFORMATIO	N	
Address:	Fax:		
LEGAL STATUS	1 dx	Email:	
Do you have legal repre Attorney/Lawyer/Publ			
Address:			
Phone:	Fax:	Other:	
·	ng with a councilor at you jail?		
knowing provided false in	formation, my application will be i	e best of my knowledge. I understand that if Guest E mmediately denied. I also affirm that I am willingl dential component and 6-9 month aftercare compon	ly applying to the Gues
Signature of Applicant		Date	

## **Department of Corrections**

## **Consent for Release of Information**

the undersigned herby authorize any agency, institution, public or private, or person to release any information they may have concerning me or my background to a Department of Corrections authorized agent. Implicit to this authorization is that a Department of Corrections authorized agent may release to you any necessary information regarding me to facilitate this request.				
	ation shall include such information as it relates to my emotional, rests scores, academic or behavioral memoranda, all court records, possible military history.	nental,		
	een read, this document and fully understand it. I consent and reqhis authorization as valid authorization to give such information or			
Signature of Client	Date			
Su	ostance Abuse Disclosure			
	Consent Authorization			
	<u>If applicable</u>			
Virginia Parole Board, and/or the Virginia Courts an history or drug and/or alcohol use in their knowledge prognosis, and/or treatment by the Courts in sentence.	dersigned, hereby authorize the Virginia Department of Correction and their agents to receive and to release confidential information on e, possession, or records for the purposes of identifying, diagnosis, sing, the Virginia Department of Corrections and the Virginia Parole r probation and/or parole (to include any future application for suppose	n my le Board		
supervision of my case, (2) while under investigation	osure, of such information is made only in the investigation and/or and/or supervision, I cannot revoke this consent; and (3) this consourts, Virginia Department of Corrections, Virginia Parole Board are Compact).	sent will		
	een read, this document and fully understand it. I consent and reqhis authorization as valid authorization to give such information or	•		
Signature of Client	Date			

#### Tell Us Your Story5

Please write the story of your current situation and what lead you to this point. Be sure to include you future goals, and how Guest House could help you attain those goals. Please write enough to fill this page. (Add additional pages if necessary) In telling your story, please note:

- **No putting yourself down.** Your story needs to be respectful of what you have lived through. Your story should reflect the deepest understanding you have about yourself and what you have survived without harsh blame.
- If you have a history of trauma or violence, do not provide details about it now. This might include child abuse, sexual assault, or domestic violence. While these may be very important parts of your life and highly connected to your addiction or behavior, it may not be safe to talk about them yet. Trauma is known to be upsetting, and you may be surprised by how much feeling will emerge if you describe it. For now, it is OK to leave it out or just mention it in a few words without going into detail.
- Include the good as well as the bad. Tell us about what you have done right. Perhaps you have reached out for help at points, made it through some tough times, or had positive moments along the way. No matter how awful, there were ways you got though it notice these good sides, too.

<b>- Look for themes.</b> Many people find insights as they tell their story. Look for discoveries – a new understanding of did what you did and a sense of compassion for how hard it has been.	why you